



Scholarship Application for Individual Athletes

One full scholarships offered by Fleet Feet Rochester; two full scholarships offered by the High Peaks Elite Distance Camp; two from the Rick Guido living trust; and one from the Jason DeJoy Memorial Scholarship; two partial scholarships from Mike Napierala' s Peak Performance Sports Training and Peak Performance Physical Therapy; and three room-and-board scholarships from the US Olympic Training Center can be awarded to deserving applicants based on need. The camp directors and owners of Fleet Feet Rochester will review each applicant's financial information before making their selections. The individual scholarships can be applied to the April camp and / or the July camps.

Applications should be sent to:

email: nuckle5k@hotmail.com or address: Nathan Huckle, assistant site director, 182 Claremont Avenue, Buffalo, NY 14212

and

email: rguido2@rochester.rr.com or address: Rick Guido, camp director, 6 Timber Lane, Fairport, NY 14450

Applications must be received or postmarked by December 31st for the April camp and by March 1st for the July camps. Any requests received with a postmark after either date [12/31 or 3/1] will only be considered after timely applications have been filled. All scholarship applicants will be notified by email within a few days of the December 31st or March 1st deadline dates. Those awarded scholarships must register online [camp website] and contact Rick Guido and Nate Huckle, but not complete the PayPal transaction or mail a check. Those not awarded scholarships will have a roster spot reserved until January 13th or March 15th. At this time standard registration and full PayPal payment or checks are due.

Part I of Application:

To be considered for scholarships, applicants must answer all fields:

Athlete Name: _____ School Attended: _____

Coach Name: _____ Coach Phone #: _____

**Scholarship applicants must attach recommendation from coach.

Year In School: Freshman Sophomore Junior Senior

Personal Records: 5k ___:___ 3200/3000 ___:___ 1600/1500 ___:___ 800 ___:___

Parents' Names: _____

Combined Yearly Income: _____

Parent email: _____

If separated and remarried, please indicate additional income: _____

Number of children in household: _____

Number of children in college: _____

Additional pertinent information [please be as detailed as possible]:

Please contact Nathan Huckle with any questions: nuckle5k@hotmail.com and

Rick Guido rguido2@rochester.rr.com

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The scholarship is need based; however it is critical the progression of the athlete's performances [notably by time] be explained over as many running seasons the athlete has competed over a two-year period: Please be as precise with times, distances and venues as much as possible. The mission statement of the camp is the long-term development of the athletes; moreover, it is imperative we understand how the athlete has been progressing each year for at least over a two-year period of time. Therefore, that development of the athlete over a two-year period would be consistent with the camp's mission statement: The camp's goal is to continue that development and get the athlete to the next level as a runner and as a person. The long-term development of the athlete is integral to our camp mission statement.

Part II of Application: Coach's Recommendation: A paragraph-length commentary stating why your athlete is in need of the scholarship, and why your athlete is deserving of the scholarship. Please comment on the athlete's attitude about the sport of running, work ethic, cooperation with peers, teammates, competitors and possibly other adults. Also, what "effect" would you, as the athlete's coach, like to see the camp have on the athlete?

** Coach may contact Nathan Huckle directly through email at nuckle5k@hotmail.com and Rick Guido at rguido2@rochester.rr.com

Part III of Application: Athlete Requesting Scholarship Essay: In approximately 200 words explain in your own words what your running experiences have been over the last several years. In that explanation of your experiences go into detail showing what your highs and lows have been and how you managed to forge ahead and be a better runner and a better person. Those high points may be breakthrough races, meeting new people, camaraderie you experienced with teammates and coaches; those low points may have been dealing with injuries, not achieving PRs as you would like, frustrations with others, etc.

Also state at least three of your best performances [state times precisely, and where you achieved those performances] for each running season over the last two years.

In addition, we would need to see you show and explain by example your character, motivation and caring for others, either by experiences with your family, teammates or classmates. This is a very important element of the scholarship application because it is essential you demonstrate to us what kind of person we are willing to give a camp scholarship.

Part IV of the Application: Scholarship Thank You Letter

Dear Scholarship recipient:

Upon acceptance of the camp scholarship offered to you from High Peaks Elite, it is our policy to follow up with a Thank You Letter. Outlined below are the criteria of the Thank You Letter you are required to write.

Two weeks following the acceptance of the scholarship, it is a requirement for you to thank the Camp Director, Assistant Camp Director, and indirectly the entities or people that are also associated with the camp scholarships we offer athletes. Please write one electronic formal letter copied to both the camp director and the assistant camp director. We will then forward your letter to all the others associated with the scholarships we offer – it varies from one scholarship to the other.

In that letter, you will want to explain in detail why attending this camp is important to you, and what it means to you to be given financial help to attend the camp, again offer details. Also, you will need to explain how you plan to utilize the learning opportunity you will receive by attending this camp, again offer details explaining how you plan to use the learning you will receive at camp. You are directed to electronically mail the letter to [just] Nate Huckle and Rick Guido. The Thank You Letter will be sent to the people involved with or sponsors of the particular scholarship

The people responsible for the various High Peaks Elite scholarships:

Rick Guido, Camp Director, 6 Timber Lane, Fairport, NY 14450; rguido2@rochester.rr.com

Nate Huckle, Assistant Camp Director, 118 Claremont Avenue, Buffalo, NY 14222; nuckle5k@hotmail.com

Jared Steenberge, Operations Manager, US Olympic Training Center, 196 Old Military Road, Lake Placid, NY 12946; jared.steenberge@usoc.org

Mike & Karen Napierala, Peak Performance Athletic Sports Training, 100 Nob Hill, Rochester, NY 14617; mikenap@rochester.rr.com

Dave Boots Boutlier, Fleet Feet Sports, 155 Culver Road Suite 110, Rochester, NY 14620; ellen@fleetfeetrochester.com

Dan Moore, Administer of the Molly Moore Lawson Scholarship, 211 Greystone Lane, apt. 8, Rochester, NY 14618; d1m06@hotmail.com

Please refer to the addendum for Thank You Letter Tips that follows on page 4:

If you have any questions, please contact Nate Huckle and Rick Guido

We are delighted to be able to offer you a camp scholarship. It is a part of our mission statement to have as many qualified athletes experience the High Peaks Camps and become better runners, and better people long term because of the High Peaks Elite experience.

Rick Guido, Camp Director

Nate Huckle, Assistant Camp Director

Addendum:

Thank You Letter Tips:

1. Write clearly and concisely
2. Double-check for typos and grammatical errors
3. Express enthusiasm
4. Be sincere
5. Send it typewritten in business format
6. Offer specific details and examples

Sample Thank You Letter:

[Mr. First and Last Name of Camp Director and Assistant Camp Director]

[Name of the Scholarship, if you know it, otherwise "general camp scholarship."

[Address]

[City, State, Zip]

Dear Sirs:

First paragraph: State the purpose of your letter.

I am writing to thank you for your generous [dollar amount] scholarship. I am very happy and appreciative to learn that I was selected as the recipient of your scholarship.

Second paragraph: Share a little about yourself and indicate why the scholarship is important. In this paragraph explain your running background, briefly, describing what you have accomplished and what you hope to learn to improve on what you have already done so you will be able to achieve your running goals in the very near future, intermediate, and long term. [Mission Statement of High Peaks is the long term development of the athlete and the person]. The financial assistance you provided will be of great help to me in paying for my camp experience, and it will allow me to concentrate more of my time productively in my training and preparation to achieve my goals.

Third paragraph: Explain how you plan to utilize the learning opportunity you will receive by attending this camp, again offer details explaining how you plan to use the learning you will receive at camp to achieve your stated goals. Close by thanking the person[s] again [camp director and assistant camp director by name] and make a commitment to do well with the "donors' investment." And to be as involved with the camp as you can possibly be; and to also follow through after the camp with the protocols that will be established in camp with the Camp Writing, voting for the best writing at camp, and keeping in touch with the coaches re: your progress in your training and racing. Thank you again for your generosity and support. I promise you I will work very hard and eventually give something back to others, both as a teacher and possibly a scholarship to future athletes like myself.

Sincerely,

[Sign your name here].

[Remember, this is only a sample. Please use your own language and ideas. This sample is only intended to give you an idea how to approach the letter you will write.]

** Coach may contact Nathan Huckle directly through email at nuckle5k@hotmail.com and Rick Guido at rguido2@rochester.rr.com